

Military Family Life Consultant

Located at Army Community Service (ACS)

The Military and Family Life Consultant Program is designed to provide support and assistance to active duty Soldiers, National Guard & Reserves, military Family members and civilian personnel. The program was developed through the Department of Defense and the Department of the Army, in partnership with Army Community Services, to listen to service personnel and their Families when they are having trouble coping with concerns and issues in their daily lives.

MFLC's are licensed experienced Doctoral or Master rotational practitioners who are Social Workers, Professional Counselors, Psychologists, and Marriage and Family Therapists. They provide support, coaching, education, and problem solving consultation to all military personnel and their Families. The consultation sessions are short termed and solution focused. Longer-term non-medical counseling appointments are also available with a local practitioner for military persons and their Families.

Examples of some issues would include:

- **Stress (Job/Combat Related)**
- **Deployment/Reintegration**
- **Anger/Aggression**
- **Marital/Relationship Issues**
- **Anxiety/Sadness**
- **Parenting**
- **Communication**
- **Adjustment/Transitional**
- **Grief / Loss**
- **Divorce/Separation**

Services are CONFIDENTIAL, with NO RECORDS KEPT, and FREE. *Duty to warn does apply in case of threat to self, others, and any reportable abuse issues.* Flexible appointment times and locations are available, and walk-ins are welcome.

Available Appointments

On Installation

(915) 525-4330

(915) 525-4449

(915) 238.2787